



HELPING THE PATIENT WITH PAIN No 1: What is pain?

FURTHER READING

Journal articles

- Davies J. McVicar A. Issues in effective pain control. 1: Assessment and education. *International Journal of Palliative Nursing*. 2000; **6**(2): 58-65.
- Davies J. McVicar A. Issues in effective pain control. 2: From assessment to management. *International Journal of Palliative Nursing*. 2000; **6**(4):162-9.
- Mayer DM. Torma L. Byock I. Norris K. Speaking the language of pain. *American Journal of Nursing*. 2001; **101**(2): 44-9.
- Twycross RG. Palliative care in the past decade and today. *European Journal of Pain*. 1999; **3**(SUPPL. A):23-29.
- Twycross RG. The fight against cancer pain. *Annals of Oncology*. 1994; **5**(2): 111-112.

Resource books and websites

- A Guide to Symptom Relief in Palliative Care, 5th ed.* Regnard C, Hockley J. Oxford: Radcliffe Medical Press, 2004.
- Cancer Pain Relief and Palliative Care.* Geneva : WHO, 1990.
- Oral Morphine, Information for Patients, Families and Friends.* Twycross R., Lack S.A. Beaconsfield Publishers. 1988.
- Oxford Textbook of Palliative Medicine* 3rd ed. Doyle D, Hanks G, Cherny NI, Calman K eds. Oxford : Oxford University Press, 2003.
- Oxford Textbook of Palliative Care for Children.* Ann Goldman, Richard Hain, Stephen Liben, eds. Oxford : Oxford University Press, 2006.
- PCF3- Palliative Care Formulary, 3rd ed.* Twycross RG, Wilcock A. Oxford: Radcliffe Press, 2008. Also on www.palliativedrugs.com
- Symptom Management in Advanced Cancer, 3rd edition.* 2001. Twycross RG, Wilcock A. Abingdon: Radcliffe Medical Press.
- Wall and Melzack's textbook of pain, 5th ed.* Stephen B. McMahon and Martin Koltzenburg, eds. Edinburgh : Elsevier Churchill Livingstone, 2006.

CREDITS

This version written and edited by:

Claud Regnard, Consultant in Palliative Medicine, St. Oswald's Hospice, Newcastle upon Tyne

Margaret Kindlen, Palliative Care Nurse, St. Oswald's Hospice, Newcastle upon Tyne